

## **SURGERY PRE-OPERATIVE INSTRUCTIONS**

(Failure to follow the following guidelines could delay your treatment)

You **MUST NOT** eat or drink anything after midnight the night before your surgery, not even water or chewing gum. Check with the doctor about taking your normal medications for the morning of surgery. If you take blood pressure medication, please take it only with a small sip of water the morning of the surgery.

You must have a responsible **ADULT** with you **WHEN YOU ARRIVE** at the office, and your escort must remain in the waiting area the entire time you are in surgery. **YOUR SURGERY WILL BE CANCELED IF YOUR ESCORT IS NOT PRESENT DURING ANY PORTION OF YOUR SURGERY.**

Minors (patients under the age of 18) must be escorted by a parent or legal guardian to provide consent for the procedure and will provide transportation. A minor's surgery will be canceled if the staff is unable to obtain proper consent.

Your escort should be prepared to take you home by car or taxi. You **CANNOT** take the bus. Transportation must be present at the office before your surgery will be started. Additionally, your escort should be prepared to stay with you for a few hours once you arrive home in case of any problems or emergencies.

### **SPECIAL INSTRUCTIONS:**

- ★ For comfort, wear loose fitting clothing, a short sleeve shirt and flat shoes.
- ★ If you have long hair, do not put it in a ponytail.
- ★ If you have a manicure that prevents our oxygen monitoring from working properly, you may be required to remove or trim an acrylic nail.
- ★ Do not wear contact lenses or any unnecessary jewelry (ie. tongue rings).
- ★ Diabetic patients on oral medications should **NOT** take them in the morning.
- ★ Diabetic patients must bring their glucometer and insulin with them.
- ★ Diabetic patients on Insulin should take half (1/2) the normal dose of long acting insulin and hold the morning dose of regular insulin the day of surgery.
- ★ Asthmatic patients must bring their inhaler with them.